

Luminosity:

$$\mathcal{L} = \frac{G}{5c^5} \sum_{n=0}^{\infty} \left(\frac{1}{c^2} \right)^n \hat{\mathcal{L}}_n$$

2PN energy loss:

$$- \left\langle \frac{d\mathcal{E}(t - r_*/c)}{dt} \right\rangle = \langle \mathcal{L}(t) \rangle$$

$$\begin{aligned} \mathcal{L} = & \frac{G}{5c^5} \left\{ M_{ij}^{[3]} M_{ij}^{[3]} + \frac{1}{c^2} \left[\frac{5}{189} M_{ijk}^{[4]} M_{ijk}^{[4]} + \frac{16}{9} S_{ij}^{[3]} S_{ij}^{[3]} \right] \right. \\ & \left. + \frac{1}{c^4} \left[\frac{5}{9072} M_{ijkm}^{[5]} M_{ijkm}^{[5]} + \frac{5}{84} S_{ijk}^{[4]} S_{ijk}^{[4]} \right] \right\} \end{aligned}$$